

The Cycles of Earth



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Plan, Do, Finish, Rest.
Living in Harmony With Earth
A Weekly Almanac Guide
Weekend of November 28-29, 2009

In A Nutshell...

This weekend will be lighted by a nearly full moon providing us with a Doing Weekend. If you have guests leftover from the holiday along with the food, you will have plenty of energy to entertain and enjoy their company.

With the October weather in November that we have been blessed with of late there is the likelihood of a pleasant weekend for outdoor activities. Of course there is also “Black Friday” shopping, Santa’s guest appearance in down town and interesting museum exhibits to occupy even the most energetic guests.

Last Weekend

November 21-22, 2009: Plan

Did you plan to create some new healthy traditions for your Thanksgiving dinner?

This Weekend

November 28-29, 2009: Do



Moon symbol from photo © David Haworth, www.stargazing.net/david.
Sun symbol from photo by NASA.

This is the last Doing Moon of the Finishing Sun cycle. The Winter Solstice on Dec. 21 ushers in the Resting Sun cycle. We are approaching that point in Earth's orbit where the day is the shortest it will be in the year and the night the longest.

Meanwhile we have some Finishing time left. In my many years as a painter and wallpaper hanger I knew this to be a time of year when people finish things in their homes. Redecorating for the holidays is somewhat a tradition in itself. A fresh coat of paint in a new color often signifies being finished with an old way of being and welcoming in the new. People enjoy giving their rooms a make-over to bring their environment up to date with their current view of the world and themselves.

As we head into the quiet time of year it feels good to do the finishing on whatever we are done with in order to start the Resting season with a clean slate and fresh surroundings.

Next Weekend

December 5-6, 2009: Finish

The Finishing Moon makes us want tie up loose ends before moving ahead.

Musing

All right, you want to use this full moon energy to go shopping. What to buy for that very special person? Two choices.

You can select something on the spur of the moment (based on sales and what strikes your fancy). A strategy that sometimes leads to weird gifts and over spending.

Or, go shopping with a plan. If your resources are as limited as mine, a plan might be a good idea. It is like the difference between going grocery shopping with a list verses impulsive buying. You may already know which strategy produces the better outcome (especially if you are shopping hungry).

Here is a possible plan. Set your price limit first; does not matter if it is \$10 or \$100. Buy only four presents, one from each of the following four categories: 1) Something to read, 2) Something to eat, 3) Something to wear, and 4) Something to play with. Pay attention, select carefully and thoughtfully; be creative, have fun. Put love and care into each gift; from selection to wrapping. When opened, the love will unmistakably come bubbling out.

Three Rivers Artists Guild's Holiday Fine Arts Market/Gallery now open (see www.ThreeRiversArtistsGuild.org), next to the Riviera Theater, featuring 20+ local fine artists! Mention this column this weekend and receive 10% off at Larry-Michael and Becky's booth. © Copyright 2009. All rights reserved. www.cyclesofearth.com